



WILLOW MOON
INTERNAL ARTS

Willow Moon Internal Arts Registration Form

Name: _____

Email: _____

Method of Payment

Make cheques payable to: Willow Moon Internal Arts \$150

Cash: _____

Cheque: _____

Health Maintenance Qigong Methods & Five Elements Qigong & Meditation

Saturday morning 9:00 - 10:15 a.m.

January 13 - March 17, 2018

Investment: \$150

Do you have any health conditions or limitations which might affect your ability to perform certain exercises, or of which your instructor should be aware? _____

Where did you hear about the Qigong workshop? _____

What is the main goal you hope to achieve through learning Qigong? _____

For Insurance purposes we require the following release:

Willow Moon Internal Arts provides many ancient Chinese health-promoting exercises. However, I recognize that there is an inherent risk in participating in any exercise and by enrolling I assume full responsibility for this risk. I hereby release Willow Moon Internal Arts and its' instructors from all claims for damages arising from any accident or injury which is caused by my program participation.

I further understand that Willow Moon Internal Arts is not liable for the loss or theft of, or damage to the personal property of the undersigned participant under any circumstance whatsoever.

Further, I understand the Qigong and Tai Chi being physical activities, may be too strenuous and demanding for certain individuals and that it is suggested that I consult a physician before engaging in such activities or any other related activities.

Signature of Participant: _____

Date: _____